

LEGACY LINK MENU

MARCH 2019



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

				<p>1</p> <p>Oven Fried Chicken Northern Beans Turnip Greens Cornbread Fresh Fruit Chocolate Milk Margarine Vinegar Diet – Same</p>
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<p>4</p> <p>Savory Chicken Twice Whipped Potatoes Brussels Sprouts Whole Grain Roll Fresh Fruit Milk Margarine Diet – Same</p>	<p>5</p> <p>Spaghetti Casserole Green Beans Tossed Salad Texas Bread Apple Cobbler Milk Margarine Ranch Dressing Diet – Apple Slices</p>	<p>6</p> <p>Sausage/Onion/Peppers Pinto Beans Cabbage Hot Dog Bun Fluffy Fruit Salad Chocolate Milk Mustard Diet – Mixed Fruit</p>	<p>7</p> <p>Beef/Peppers/Onions Au Gratin Potatoes Mustard Greens Cornbread Oatmeal Cookie Milk Margarine Vinegar Diet – Graham Crackers</p>	<p>8</p> <p>Chicken Cacciatore Country Corn Parslied Carrots Whole Grain Roll Fresh Fruit Milk Margarine Diet – Same</p>
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<p>11</p> <p>Sloppy Joe Meatball Field Peas California Vegetables Whole Grain Roll Fresh Fruit Milk Margarine Diet – Same</p>	<p>12</p> <p>Mushroom Chicken Mixed Beans Okra and Tomatoes Wheat Bread Fresh Fruit Chocolate Milk Margarine Diet-Same</p>	<p>13</p> <p>Macaroni and Cheese Blackeye Peas Collard Greens Cornbread Banana Milk Margarine Vinegar Diet – Same</p>	<p>14</p> <p>Lasagna Casserole Baby Carrots Green Beans Amandine Whole Grain Roll Frosted Strawberry Cake Milk Margarine Diet – Pound Cake/Strawberries</p>	<p>15</p> <p>St. Patrick's Day Menu Corned Beef Oven Roasted Potatoes Cabbage Texas Bread Frosted White Cake Milk Margarine Diet – Pound Cake</p>
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<p>18</p> <p>Chicken Noodle Casserole Glazed Carrots Cabbage Whole Grain Roll Fresh Fruit Milk Margarine Diet - Same</p>	<p>19</p> <p>Sweet & Sour Pork Fried Rice Japanese Vegetables Whole Grain Roll Orange Gelatin Milk Margarine Diet – Gelatin</p>	<p>20</p> <p>Beef Frito Pie Whole Kernel Corn French Green Beans Corn Chips Peanut Butter Cookie Milk Margarine Diet – Graham Crackers</p>	<p>21</p> <p>Smothered Chicken Thigh Butter Beans Mixed Greens Cornbread Fresh Fruit Milk Margarine Vinegar Diet – Same</p>	<p>22</p> <p>Hamburger Patty Baked Beans Potato Wedges Lettuce/Tomato/Onion Hamburger Bun Fresh Fruit Chocolate Milk Catsup-2 Mustard Diet – Same</p>
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<p>25</p> <p>Meatloaf/Tomato Gravy Whipped Potatoes Herbed Green Beans Wheat Bread Sugar Cookie Milk Margarine Diet – Graham Crackers</p>	<p>26</p> <p>Chicken Supreme Lima Beans Baby Carrots Whole Grain Roll Raspberry Gelatin Milk Margarine Cranberry Sauce Diet - Gelatin</p>	<p>27</p> <p>BBQ Pork Baked Beans Coleslaw Hamburger Bun Peach Cobbler Milk Diet – Peaches</p>	<p>28</p> <p>Vegetable Beef Soup Buttered Rice Italian Green Beans Saltine Crackers Fudge Crème Cookie Milk Diet – Vanilla Wafers</p>	<p>29</p> <p>Oven Fried Chicken Northern Beans Turnip Greens Cornbread Fresh Fruit Chocolate Milk Margarine Vinegar Diet – Same</p>
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