

**LUMPKIN COUNTY SENIOR CENTER
JANUARY 2020**

TOTAL MEALS SERVED	2,477
Congregate	381
Meals on Wheels	2096

Volunteer Hours - Meals on Wheels	282
Volunteer Hours - Senior Center	95

Senior Center Provided Congregate	
Transportation Trips	237
Transit Contracted Congregate	
Transportation Trips	222

<u>SENIOR CENTER ACTIVITIES</u>	<u># OF UNITS</u>
Adult Coloring	32
Art Studio - Classes	9
Art Studio - Open	10
Balloon Volleyball	32
Billiards	55
Bingo	86
Birthday Celebration	19
Men's Lunch Out	4
Canasta	23
Crafts	8
Educational Presentation	11
Enrichment Program	20
Entertainment	10
Exercise Equipment	223
Games, Cards and Puzzles	122
Garden Club	18
Great Discussions	31
Group Crossword Puzzle	28
Hair Care Day	2
Health Checks	7
Intermediate/Party Bridge	74
Massage (Hand Reflexology)	8
Movie Day	17
Nutritional Education	8
Pancake Breakfast	12
Pet Therapy	10
Quilter's Guild	16
Red Hat Lunch	12
Reflexology Clinic	4
Senior Center Library	26
Shopping/Errands/Medical	52
Silver Sneakers Cardio	308
Silver Sneakers Classic	485
Sittercize	23
Square Dancing	22
Stretch & Flex	13
Table Tennis	4
Tai Chi for Health	54
Walks	5
Wii Bowling	3
Yoga	81
	1,955

# of activities	40
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Total Participants	419
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Tours/Visits	19
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