

**LUMPKIN COUNTY SENIOR CENTER
NOVEMBER 2021**

| | <u># OF UNITS</u> |
|---|--------------------------|
| <u>TOTAL MEALS SERVED</u> | 2,983 |
| Congregate | 257 |
| Meals on Wheels | 2,726 |
| Volunteer Hours - Meals on Wheels | 288 |
| Volunteer Hours - Senior Center | 16 |
| Senior Center Provided Congregate Transportation Trips | 232 |
| Transit Contracted Congregate Transportation Trips | 44 |
| <u>SENIOR CENTER ACTIVITIES</u> | <u># OF UNITS</u> |
| Adult Coloring | 30 |
| Art Studio - Open | 2 |
| Balloon Volleyball | 2 |
| Barbershop Quartet Rehearsal | 12 |
| Billiards | 6 |
| Bingo | 56 |
| Birthday Celebration | 18 |
| Canasta Club | 22 |
| Crafts | 4 |
| Drums Alive Exercise | 11 |
| Entertainment | 36 |
| Exercise Equipment | 135 |
| Games, Cards and Puzzles | 175 |
| Garden Club | 7 |
| Group Crossword Puzzle | 15 |
| Health Checks | 5 |
| Holiday Celebration | 30 |
| Intermediate/Party Bridge Club | 36 |
| Just Visiting | 7 |
| Laughter Yoga | |
| Men's Lunch | 0 |
| Nutritional Education | 14 |
| Pancake Breakfast | 6 |
| Pet Therapy | 21 |
| Quilting Club | 9 |
| S.A.L.T. (Seniors and Law Enforcement Together) | 8 |
| Senior Center Library | 13 |
| Shopping/Errands/Medical | 20 |
| Silver Sneakers Cardio | 89 |
| Silver Sneakers Classic | 233 |
| Sittercise | 35 |
| Stretch & Flex | 17 |
| Tai Chi for Health | 38 |
| Wii Bowling | 26 |
| Total Units | 1,108 |
| # of activities | 31 |
| Total Participants - Month | 159 |
| Total Participants - YTD | 334 |
| Tours/Visitors | 20 |