

**LUMPKIN COUNTY SENIOR CENTER
JULY 2022**

	<u># OF UNITS</u>
<u>TOTAL MEALS SERVED</u>	2,555
Congregate	348
Meals on Wheels	2,207
Volunteer Hours - Meals on Wheels	300
Volunteer Hours - Senior Center	11
Volunteer Hours - Garden Club	4
Senior Center Provided Congregate Transportation Trips	308
Transit Contracted Congregate Transportation Trips	64
<u>SENIOR CENTER ACTIVITIES</u>	<u># OF UNITS</u>
Adult Coloring	49
Art Studio - Open	4
Balloon Volleyball	18
Billiards	11
Bingo	106
Birthday Celebration	18
Canasta Club	26
Dahlonega Gold Gourd Patch	11
Drums Alive Exercise	4
Entertainment	10
Exercise Equipment	98
Fall Prevention Exercise	11
Games, Cards and Puzzles	160
Hair Care	3
Health Checks (Blood Pressure)	8
Health Education w/NEGA Health Systems	13
Intermediate/Party Bridge Club	35
Men's Lunch	4
Nutritional Education	18
Pancake Breakfast	13
Pet Therapy	7
Quilting Guild	17
Red Hat Lunch	18
S.A.L.T. (Seniors and Law Enforcement Together)	14
Senior Center Library	6
Shopping/Errands/Medical	17
Silver Sneakers Cardio	157
Silver Sneakers Classic	269
Sittercise	7
Special Events	21
Special Groups	4
Square Dance	4
Stretch & Flex	16
Tai Chi for Health	34
Wii Bowling	21
Total Duplicated Units	1,183
# of activities	35
Total Participants - Month	197
Total Participants - YTD	333
Tours/Visitors	13