

**LUMPKIN COUNTY SENIOR CENTER
SEPTEMBER 2022**

| | <u># OF UNITS</u> |
|---|--------------------------|
| <u>TOTAL MEALS SERVED</u> | 2,699 |
| Congregate | 385 |
| Meals on Wheels | 2,314 |
| Volunteer Hours - Meals on Wheels | 301 |
| Volunteer Hours - Senior Center | 7 |
| Volunteer Hours - Garden Club | 19 |
| Senior Center Provided Congregate Transportation Trips | 190 |
| Transit Contracted Congregate Transportation Trips | 84 |
| <u>SENIOR CENTER ACTIVITIES</u> | <u># OF UNITS</u> |
| Adult Coloring | 66 |
| Art Studio - Open | 25 |
| Balloon Volleyball | 21 |
| Billiards | 39 |
| Bingo | 156 |
| Birthday Celebration | 21 |
| Canasta Club | 20 |
| Dahlongga Gold Gourd Patch | 5 |
| Drums Alive Exercise | 3 |
| Exercise Equipment | 129 |
| Fall Prevention Exercise | 8 |
| Games, Cards and Puzzles | 241 |
| Garden Club | 5 |
| Hair Care | 2 |
| Health Checks (Blood Pressure) | 17 |
| Health Checks - Flu Clinic | 3 |
| Health Education w/NEGA Health Systems | 14 |
| Intermediate/Party Bridge Club | 28 |
| Nutritional Education | 24 |
| Pancake Breakfast | 15 |
| Pet Therapy | 25 |
| Quilting Guild | 13 |
| Red Hat/Men's Lunch Out | 21 |
| S.A.L.T. (Seniors and Law Enforcement Together) | 5 |
| Senior Center Library | 13 |
| Shopping/Errands/Medical | 3 |
| Silver Sneakers Cardio | 187 |
| Silver Sneakers Classic | 287 |
| Site Council Meeting | 15 |
| Sittercise | 19 |
| Special Groups | 7 |
| Square Dance | 16 |
| Square Dance Lessons | 20 |
| Stretch & Flex | 1 |
| Tai Chi for Health | 34 |
| Wii Bowling | 29 |
| Total Duplicated Units | 1,342 |
| # of activities | 35 |
| Total Participants - Month | 184 |
| Total Participants - YTD | 354 |
| Tours/Visitors | 21 |