

**LUMPKIN COUNTY SENIOR CENTER  
NOVEMBER 2022**

	<u># OF UNITS</u>
<b><u>TOTAL MEALS SERVED</u></b>	<b>3,002</b>
Congregate	477
Meals on Wheels	2,525
<b>Volunteer Hours - Meals on Wheels</b>	<b>292</b>
<b>Volunteer Hours - Senior Center</b>	<b>5</b>
<b>Volunteer Hours - Garden Club</b>	<b>1</b>
<b>Senior Center Provided Congregate Transportation Trips</b>	<b>252</b>
<b>Transit Contracted Congregate Transportation Trips</b>	<b>123</b>
<b><u>SENIOR CENTER ACTIVITIES</u></b>	
Adult Coloring	71
Art Studio - Open	25
Balloon Volleyball	12
Billiards	14
Bingo	150
Birthday Celebration	16
Canasta Club	8
Dahlonge Gold Gourd Patch	5
Drums Alive Exercise	10
Entertainment	6
Exercise Equipment	109
Fall Prevention Exercise	2
Games, Cards and Puzzles	238
Hair Care	6
Health Checks (Blood Pressure)	8
Intermediate/Party Bridge Club	16
Medicare Presentation	8
Nutritional Education	28
Pet Therapy	7
Quilting Guild	7
Senior Center Library	17
Shopping/Errands/Medical	15
Silver Sneakers Cardio	126
Silver Sneakers Classic	203
Sittercise	11
Special Groups	7
Square Dance	14
Square Dance Lessons	16
Stretch & Flex	6
Table Tennis	3
Tai Chi for Health	7
Wii Bowling	34
<b>Total Duplicated Units</b>	<b>1,134</b>
<b># of activities</b>	<b>32</b>
<b>Total Participants - Month</b>	<b>178</b>
<b>Total Participants - YTD</b>	<b>378</b>
<b>Tours/Visitors</b>	<b>17</b>