

**LUMPKIN COUNTY SENIOR CENTER  
DECEMBER 2022**

<u>TOTAL MEALS SERVED</u>	<u># OF UNITS</u>
	2,875
Congregate	428
Meals on Wheels	2,447
<b>Volunteer Hours - Meals on Wheels</b>	<b>302</b>
<b>Volunteer Hours - Senior Center</b>	<b>9</b>
<b>Volunteer Hours - Garden Club</b>	<b>1</b>
<b>Senior Center Provided Congregate Transportation Trips</b>	<b>228</b>
<b>Transit Contracted Congregate Transportation Trips</b>	<b>121</b>
 <u>SENIOR CENTER ACTIVITIES</u>	
Adult Coloring	76
Art Studio - Open	23
Balloon Volleyball	27
Billiards	14
Bingo	160
Birthday Celebration	22
Canasta Club	26
Crafts	27
Dahlongega Gold Gourd Patch	4
Drums Alive Exercise	8
Entertainment	8
Exercise Equipment	135
Fall Prevention Exercise	15
Games, Cards and Puzzles	274
Garden Club	8
Hair Care	4
Health Checks (Blood Pressure)	19
Holiday Celebrations	143
International Student Visit	7
Intermediate/Party Bridge Club	40
Movie Day	11
Nutritional Education	19
Pancake Breakfast	14
Pet Therapy	22
Quilting Guild	11
Senior Center Library	6
Shopping/Errands/Medical	4
Silver Sneakers Cardio	161
Silver Sneakers Classic	218
Sittercise	8
Special Groups	8
Square Dance	42
Square Dance Lessons	14
Stretch & Flex	20
Tai Chi for Health	45
Wii Bowling	7
<b>Total Duplicated Units</b>	<b>1,574</b>
<b># of activities</b>	<b>36</b>
<b>Total Participants - Month</b>	<b>212</b>
<b>Total Participants - YTD</b>	<b>393</b>
<b>Tours/Visitors</b>	<b>12</b>