

**LUMPKIN COUNTY SENIOR CENTER
JANUARY 2023**

	<u># OF UNITS</u>
<u>TOTAL MEALS SERVED</u>	2,679
Congregate	366
Meals on Wheels	2,313
Volunteer Hours - Meals on Wheels	307
Volunteer Hours - Senior Center	6
Volunteer Hours - Garden Club	7
Senior Center Provided Congregate Transportation Trips	238
Transit Contracted Congregate Transportation Trips	67
<u>SENIOR CENTER ACTIVITIES</u>	<u># OF UNITS</u>
Adult Coloring	6
Art Studio - Open	20
Balloon Volleyball	32
Billiards	27
Bingo	187
Birthday Celebration	22
Bridge Clubs	32
Canasta Club	18
Dahlonaga Gold Gourd Patch	6
Drums Alive Exercise	6
Entertainment	7
Exercise Equipment	194
Fall Prevention Exercise	8
Games, Cards and Puzzles	208
Hair Care	3
Health Checks (Blood Pressure)	16
Health Education	9
Health Education w/NEGA Health Systems	21
Nutritional Education	15
Pancake Breakfast	16
Pet Therapy	28
Quilting Guild	12
Recreational Outing	26
Senior Center Library	12
Shopping/Errands/Medical	16
Silver Sneakers Cardio	242
Silver Sneakers Classic	219
Site Council Meeting	17
Special Groups	3
Square Dance	30
Tai Chi for Health	32
Wellness Calls	27
Wii Bowling	8
Total Duplicated Units	1,571
# of activities	34
Total Participants - Month	207
Total Participants - YTD	207
Tours/Visitors	19