

**LUMPKIN COUNTY SENIOR CENTER
MAY 2023**

	<u># OF UNITS</u>
<u>TOTAL MEALS SERVED</u>	3405
Congregate	438
Meals on Wheels	2967
Volunteer Hours - Meals on Wheels	357
Volunteer Hours - Senior Center	9
Volunteer Hours - Garden Club	3
Senior Center Provided Congregate Transportation Trips	391
Transit Contracted Congregate Transportation Trips	70
<u>SENIOR CENTER ACTIVITIES</u>	<u># OF UNITS</u>
Adult Coloring	43
Art Studio - Open	21
Balloon Volleyball	33
Billiards	37
Bingo	248
Bingocize	55
Birthday Celebration	19
Bridge Clubs	34
Canasta Club	20
Crafts	10
Dahlonaga Gold Gourd Patch	3
Drums Alive Exercise	9
Exercise Equipment	174
Garden Club	10
Hair Care	3
Health Checks (Blood Pressure)	9
Health Education w/NEGA Health Systems	15
Lunch Out	21
Nutritional Education	21
Pancake Breakfast	13
Quilting Guild	12
Recreational Outing	34
Senior Center Library	17
Shopping/Errands/Medical	7
Silver Sneakers Cardio	192
Silver Sneakers Classic	288
Site Council Meeting	15
Sittercise	16
Special Groups	3
Square Dance	25
Stretch & Flex	21
Tai Chi for Health	66
Wii Bowling	137
Total Duplicated Units	1,783
# of activities	34
Total Participants - Month	313
Total Participants - YTD	456
Tours/Visitors	20